

## Director's Notes

Truth or just a lot of hot air.  
You decide.

**Betty Medlin – Executive Director:**  
November has been a busy month. We celebrated Family Thanksgiving Lunch and let each resident invite 3 guest. They were served in their rooms with their guest It was enjoyed by all. We are looking forward to the month of December and all of the joyous events.

**Shaniah Hardcastle – Business Office Manager:** “Acknowledging the good that you already have in your life is the foundation for all abundance.” —Eckhart Tolle

**Brenda McMahan – Marketing Director:**  
If you have the power to make someone happy, Do it. The world needs more of that.

**Randy Resendez – Maintenance Director:**  
Whatever is beautiful? Whatever is meaningful? Whatever is Happiness? May it be yours this holiday season and throughout the coming year.

**Michelle Stansky – Memory Care Director:**  
It is not happy people that are thankful, it is thankful people that are happy.

**Erin Wright – Resident Care service Director/Nurse:** We must have a doctors order for any and all medicine given by care staff. This includes over the counter medications.

**Betty Medlin – Culinary director:**  
The culinary department has been in high speed all month. We are looking forward to 2 new employees joining our team soon. Our Thanksgiving family feast went well and we will have turkey and dressing on Thanksgiving Day also.

**Jeanna Hooker – Activities Director:**  
“Everything happens for a reason.” Is this true or just hot air? You could argue it's a helpful reminder that when bad things happen, you can always look for the larger meaning or purpose in your life. OR That's hot air: Sometimes bad things happen for no reason at all, and it's dumb to pretend otherwise.

## December Birthdays

In astrology, those born from December 1–21 are Archers of Sagittarius. The Archers are the travelers of the zodiac, curious and energetic, with open minds craving new experiences and challenges. Those born from December 22–31 are Capricorn's Goats. Like goats that perch on mountain crags, Capricorns are masters of self-control and responsibility. Intense focus and fortitude help them reach their goals.

Bette Midler (entertainer) – Dec. 1, 1945  
Helen A. (Resident) – December 5, 1932  
Shaniah H. (BOM) – December 7, 1995  
Mary B. (Staff) – December 7, 1973  
Sammy Davis Jr. (entertainer) – Dec. 8, 1925  
Frank Sinatra (entertainer) – Dec. 12, 1915  
Jamie Foxx (actor) – Dec. 13, 1967  
Beethoven (composer) – c. Dec. 16, 1770  
Cicely Tyson (actress) – Dec. 18, 1924  
Barbara A. (Resident) – December 19, 1933  
Veronica H. (Staff) – December 22, 1999  
Samuel L. Jackson (actor) – Dec. 21, 1948  
Cynthia P. (Staff) – December 25, 1981

## Coming in December



**Trinity Shores 4<sup>th</sup> Annual Parade of Trees December 2021**

We are searching for community partners that would like to participate and put up a special tree throughout our community. This tree can promote your company with unique ornaments. We welcome a special touch!



# Trinity Shores Treasures

Trinity Shores Assisted living \* 201 Trinity Shores Drive \* Port Lavaca, Texas 77979  
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## Celebrating December

**Bingo's Birthday Month**

**Universal Human Rights Month**

**Hanukkah Continues**  
December 1–6

**Saint Nicholas Day**  
December 6

**Pearl Harbor Remembrance Day**  
December 7

**Poinsettia Day**  
December 12

**National Crossword puzzle Day**  
December 21

**Christmas**  
December 25

**Kwanzaa**  
December 26–January 1

**Boxing Day**  
December 26

**New Year's Eve**  
December 31

## Thanksgiving At Trinity Shores

### What are you thankful for?

With Thanksgiving coming up fast I asked our residents what they are thankful for. The most common answer was Family. I would have to agree with the residents because my family is the most important thing in my live. That includes my adopted family here at Trinity Shores. The day God brought me here to Trinity Shores was one of the best days of my life.

**Jeanna H.** “I am thankful for family at Trinity Shores and at home.”

**Mary Jane S.** “I am thankful for my health and to be at Trinity Shores. Trinity Shores is exactly where I need to be.”

**JoAnn E.** “I am thankful for family and care staff that cares so much. The food on the table and the roof over my head.”

**Robert G.** “Good health and good friends.”

**Doris C.** “I am thankful I don't have to worry I trust in the Lord and have a family that trusts in the Lord.”

**JoAnn B.** “I am thankful for family.”

**Annette P.** “I am thankful for Family.”

**Susie G.** “I am thankful for family, friends, all the good people here and glad to be at Trinity Shores.”

**Billie P.** I am thankful I woke up this morning.”

**Carolyn P.** “I am thankful for my children, grandchildren, great grandchildren and friends.

**Barbara A.** “I am thankful for Trinity Shores.”

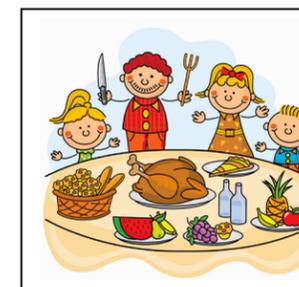
**Frances P.** “I am thankful for this place to live, food to eat and people to wait on me hand and foot.”

**Mary Jo Y.** “I am thankful for this good place to stay, good health and nice people.”

**Florene Y.** I am thankful to be alive and to be here at Trinity Shores.”

**Enod M.** “I am thankful for the 3 nice ladies I take my meals with every day.”

Continued on page 2



### Thanksgiving At Trinity Shores What are you thankful for?

Wanda N. "I am thankful for everything God has given me. This life, family, friends, church and living at Trinity Shores among people that love each other."

Avril S. "I am thankful I live in the United States and for good health."

Barbara S. "I am thankful for everything I have, my kids and the workers at Trinity Shores that take care of me."



Martha M. "I am thankful for my Health."

Alvin L. "I am thankful to still be alive."

Gladys B. "I am thankful for a healthy family."

Sammye D. "I am thankful for everything around me and for you."

Joe K. "I am thankful for our Good God."

Laura M. "I am thankful I have John M. for a husband."

Ruth P. "I am thankful for you and I am a lucky person to live at Trinity Shores."

Shirley M. "I am thankful for Jesus."

Donnie M. "I am thankful for salvation."

Etoile C. "I am thankful to be alive, for my Daughter and to have healthy children."

Norman S. "I am thankful for family and 92 years of life."



### The Lighthouse

In November the memory care residents were very busy. They Painted pumpkins, ate Baklava, and so much more.



### Something Smells Fishy

There is a new addition to our home. We added a 75 gallon fish aquarium. It is up and running. We have added a few fish, 6 mollies, 10 guppies and a Plecostomus. The mollies and guppies added their own by having babies. I love to watch the residents set and watch the fish swim around. They spend a lot of time looking for the babies that are about the size of a grain of rice and the same color as the rocks.



### Arts and Crafts

In November we made some really cute things. I think the turkey wreaths were my favorite.



The prints we made turned out really pretty



### Table Cloths and Tunes November 2021

This month our Special Supper was a spinach salad, Chili and corn bread, red beans and rice and homemade strawberry ice cream.



Our fall decorations set the mood for a nice supper. After supper Larry Robinson sang for us.



I can't wait to see what December Table Cloths and Tunes brings.