

## Knock-Knock



Knock-knock. Who's there? October 31st. October 31st who? Did you know that October 31st is Knock-Knock Joke Day? It is no coincidence that this holiday coincides with Halloween. As children rove door-to-door asking

"Trick or treat," they can offer knock-knock jokes as compensation for their candy and goodies.

The origin of the knock-knock joke is anything but clear-cut, but clever historians have uncovered bits of American popular culture that present a convoluted history of its creation. Before the knock-knock joke, there was the "Do You Know" joke. Around the year 1900, it was common for joke tellers to ask something like, "Do you know Arthur?" To which the person would reply, "Arthur who?" The jokester would then reveal the punchline: "Arthurmometer!" This groan-worthy punchline, with its silly play on words, foreshadowed the sort of punchlines knock-knock jokes would become famous for. But where did the door-knocking imagery come from?

In 1929, author Henry Bett wrote the book *The Games of Children: Their Origin and History*. In it, Bett describes a common game called "Buff" in which a player would tap with a stick and say "Knock knock," to which another player would respond, "Who's there?" Is it coincidence that by the mid-1930s the joke form and the children's game had been combined? Knock-knock jokes were suddenly everywhere. Businesses held knock-knock joke contests. Bands incorporated knock-knock jokes into their songs. In 1936, the nomination of Col. Frank Knox as the Republican vice-presidential candidate inspired radio stations and newspapers in Harrisburg, Pennsylvania, to tell Knox-Knox jokes.

Meanwhile, the *Kerrville Times* newspaper in Texas expressed sheer bafflement over the knock-knock joke phenomenon: "Who started it, where, and what it is called is a mystery." At the end of 1936, psychologist D.A. Laird called the compulsion to tell knock-knock jokes a mania and a sickness.

Roberta M. (Resident)	October 8
Jennifer H. (Staff)	October 23
Sandra C. (Resident)	October 31

Donna Karan (designer) – Oct. 2, 1948  
Chubby Checker (singer) – Oct. 3, 1941  
Chevy Chase (comedian) – Oct. 8, 1943  
Henry Heinz (food magnate) – Oct. 11, 1844  
Marie Osmond (entertainer) – Oct. 13, 1959  
Penny Marshall (director) – Oct. 15, 1943  
Naomi Osaka (tennis star) – Oct. 16, 1997  
Kamala Harris (vice president) – Oct. 20, 1964  
Pele (soccer player) – Oct. 23, 1940  
Jonas Salk (doctor) – Oct. 28, 1914  
John Candy (comedian) – Oct. 31, 1950



Take a moment this month to welcome Three Fork's newest community residents.

**CATHERINE  
LEVERNE  
BETTY T.  
SANDRA D.  
BETTY W.  
JUDY  
MARTHA  
RICHARD & HENRIETTA  
WYNELL  
JEANETTE  
MAUREENE**



October 2021

# THREE FORKS TRIBUNE

Three Forks Senior Living~335 S. F.M.548~Forney, TX. 75243 972-552-3426

## Three Forks Team

**Emily Whitson**  
Executive Director

**Corie Ford Gonzales**  
Resident Care Director

**Tony Jackson**  
Clinical Director

**Alex Davis**  
Community Relations  
Director

**Angela Tyler**  
Business Office Manager

**Bill Lawson**  
Maintenance Director

**Angie Hall**  
Life Enrichment Assistant



Halloween falls on October 31 because the ancient Gaelic festival of Samhain, considered the earliest known root of Halloween, occurred on this day. It marked a pivotal time of year when seasons changed, but more importantly, observers also believed the boundary between this world and the next became especially thin at this time, enabling them to connect with the dead. This belief is shared by some other cultures; a similar idea is mentioned around the Jewish holiday of Yom Kippur, which also typically occurs in October and involves saying prayers for the dead. This is also where Halloween gains its "haunted" connotations.

The early pagan holiday of Samhain involved a lot of ritualistic ceremonies to connect to spirits, as the Celts were polytheistic. While there isn't a lot of detail known about these celebrations, many believe the Celts celebrated in costume (granted, they were likely as simple as animal hides) as a disguise against ghosts, enjoyed special feasts, and made lanterns by hollowing out gourds (hence, the history of jack-o'-lanterns). Over time, as Christianity took over and the pagan undertones of the holiday were lessened, the basic traditions of the holiday remained a part of pop culture every year; they simply evolved and modernized.

Make plans to join us on October 28 at 2:00 for our annual Halloween party. It's going to be a spooktacular good time



## Now We're Cooking

October is Cookbook Month, which means it's time to get into the kitchen and dust off those pots and pans. With an almost infinite number of free recipes available online, cookbooks might seem a thing of the past. Yet while many forms of print media have suffered in the digital age, cookbooks have maintained their popularity and sales are booming.



How have cookbooks maintained such popularity? They are often part autobiography of the cooks who write them and part self-help for those who struggle in the kitchen, and they almost always lead to a happy and delicious ending. Even for seasoned chefs, cookbooks provide a means of reinvigorating a stale cooking routine or learning some new tricks of the trade. This doesn't mean that you should go out and buy Buck Peterson's *Road Kill Cookbook* (unless you want to whip up his signature "Chili Con Carnage"), but you could explore some of these other unique and innovative options.

*Last Dinner on the Titanic* features a compilation of recipes that were served on that great and ill-fated ocean liner. A ten-course menu featuring oysters, caviar, Lobster Thermidor, Consommé Olga, filet mignon, roast squab, pate de foie gras, and Waldorf pudding was served the very night the iceberg was struck, and recipes for all these dishes and more are found in the cookbook.

When *Microwave Cooking for One* was published in 1999, some reviewers called it the "world's saddest cookbook," but others called its author, Marie T. Smith, "the veritable high priestess of microwave food preparation." Smith demonstrates that the microwave is not merely for reheating leftovers but can prepare everything from pancakes to fried scallops and peach souffle.

Adventurous foodies could try *Bugs for Beginners*. Historians might like *Cooking Apicius*, recipes from ancient Rome. Mechanics will appreciate *Manifold Destiny*, which teaches how to cook on your car engine. There is truly a cookbook that appeals to every possible taste.

National Pumpkin Day is October 26. The name comes from the Greek word "pepon," which translates to "large melon." Of course, pumpkins come in all shapes and sizes. While they're fun to decorate and carve for Halloween, pumpkins are also packed with nutrients like vitamin C, making them the perfect treat for the fall season! And in case you're wondering, the Guinness world record for the heaviest pumpkin is just over 26-hundred pounds. When it comes to pumpkin production, Illinois grows more pumpkins than any other state.

- 80% of pumpkins are picked in October.
- 62 percent of pumpkin acres are grown in only ten States.
- Illinois is the nation's largest producer of pumpkins.
- The average pumpkin cost is \$2.60

## HALLOWEEN

### WORD SCRAMBLE

1. MPNKIUP \_\_\_\_\_
2. ONLEESKT \_\_\_\_\_
3. OOKYPS \_\_\_\_\_
4. LEHLOEAWN \_\_\_\_\_
5. UMCTSEO \_\_\_\_\_
6. OMSNERT \_\_\_\_\_
7. NTUHEDA \_\_\_\_\_
8. VEPMIRA \_\_\_\_\_
9. BTCOOR \_\_\_\_\_
10. HCWTI \_\_\_\_\_
11. TASB \_\_\_\_\_
12. CDYNA \_\_\_\_\_



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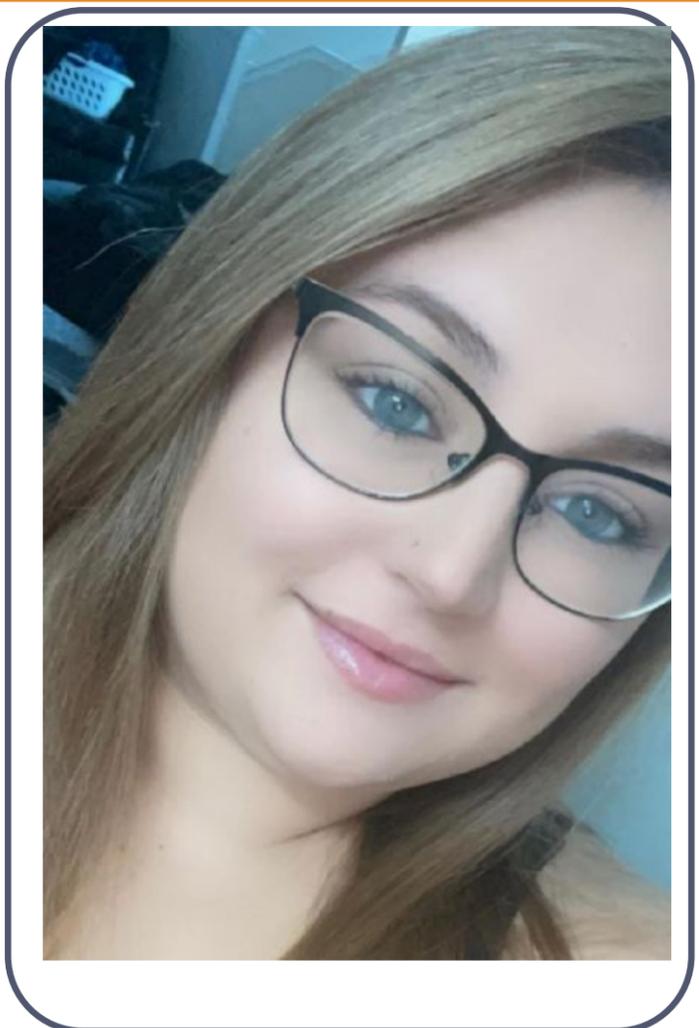
## October Happenings

October is packed full of fun things to do at Three Forks Senior Living. Each day you will receive a daily schedule that list the various activities and events that will be taking place. Another good source of information can be found by watching our in-house Community Channel located on your television channel number 2.

Mark your calendars to receive your flu shot on October 5 beginning at 8:00 in the theater room. Crazy hat day is October 6. If you do not have a crazy hat, wear some crazy socks. Our concerts this month are on October 16 and October 21. All concerts are held in the dining room. There will be a men's donut social on October 18 at 9:00 in the theater room. We have a lively group of men at Three Forks and this should be a fun event. Our Halloween party this year will be on October 28. Residents and staff are encouraged to wear something creative for the occasion. Some of the best costumes are home-made.

We have many veterans in our community. Three Forks Wall of Honor is located in the hall near the beauty saloon. We will be updating this area on the birthdate of the Navy on October 27.

Cowboys games, and other sporting events can be viewed on the various TV's in our community. Grad some folks and join in on cheering-on America's team.



## Employee of the Month JORDAN GRIFFIN

Congratulations to Jordan for being Three Forks employee of the month! Jordan was born in Brownwood, Texas. Her hobbies include reading, and spending time with her babies. Jordan has two children, one cat and one dog. Jordan has been the medication technician at Three Forks Senior Living for nearly 3 years. Her favorite thing about working with seniors is to hear their stories.



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