

## Director's Notes: words of wisdom or just babble. You decide.

### Executive Director: Betty Medlin

September has come and gone with fall just around the corner. We have been busy and are getting ready for the next three months that will go by so quickly. We are making plans to decorating and all the festivities that will be coming. Please remember to always have your masks on and sanitize your hands when coming for a visit with your loved ones. We are very blessed that we were missed by the storm but we kept residents safe with extra directors that stayed with the residents. Thanks to all for your caring ways.

### Activities Director: Jeanna Hooker

I love my job. Being able to come to Trinity Shores and work with the residents is a blessing to me. Thank you God for bring me here and blessing me with this family. I love each and every one of you.

### Business Office Manager: Shaniah Hardcastle

The Happiest People DON'T HAVE EVERYTHING, They just make the best of EVERYTHING THEY HAVE!

### Maintenance: Randy Resendez

If you are not willing to learn, No one can help you.

If you are Determined to learn, No one can stop you! - Zig Ziglar

### Lighthouse Director: Michelle

"Yesterday is the past, Tomorrow is the future, but Today is a gift. That's why it's called the present!"

### Dining Director: Betty Medlin

Wow what a busy month we have had. Our dining service made our first shrimp boil and it went over very well. We do have a new helper in the kitchen and she is Angelique Galido and we welcome her to our team. We will continue to keep our food as delicious as we can. If you have any concerns come and talk to me.

## October Birthdays

In astrology, those born from October 1–23 balance the scales of Libra. Libras are peaceful and fair, and value balance and symmetry. For this reason, they often champion justice and equality. Those born from October 24–31 are Scorpions of Scorpio. Scorpions are passionate, dedicated, and resourceful. Scorpions may seem intimidating, but they are just no-nonsense people who value honesty and loyalty above all else.

Ezmeralda A. (Staff) – Oct 3,????  
Chubby Checker (singer) – Oct. 3, 1941  
Yennefer C. (Staff) – Oct. 6,????  
Waldeen K. (Staff) – Oct. 7, 1936  
Chevy Chase (comedian) – Oct. 8, 1943  
Marie Osmond (entertainer) – Oct. 13, 1959  
Penny Marshall (director) – Oct. 15, 1943  
Betty M. (Boss Lady) – Oct. 19,????  
Annette P. (Resident) – Oct. 21, 1942  
Susie G. (Resident) – Oct. 25, 1945  
Jonas Salk (doctor) – Oct. 28, 1914  
John Candy (comedian) – Oct. 31, 1950

## Turn of the Tide



In Cornwall, in the United Kingdom, October 31 brings the holiday of Allantide. Like Halloween, Allantide is believed to be a day when the barrier between the living and the dead is lifted. For this reason, Allantide is a day when people seek the advice of fortune tellers who can commune with the spirits. Walnuts thrown into fires confirm the fidelity of spouses. Molten lead cast into water hardens into a shape that foretells future employment. Thanks to its proximity to the harvest season, Allantide also boasts several harvest traditions. It is common to visit an Allan Market and buy a bright red Allan apple to gift to children. Girls will sleep with these under their pillows in the hopes of dreaming of their future husbands. Not sleeping with the Allan apple under your pillow brings back luck. Another tradition more reminiscent of Halloween is the carving of jack-o'-lanterns out of turnips.

October 2021

# Trinity Shores Treasures

Trinity Shores Assisted Living \* 201 Trinity Shores Drive \* Port Lavaca, Texas 77979  
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## Celebrating October

### Country Music Month

### Stamp Collecting Month

### Positive Attitude Month

### International Coffee Day

October 1

### World Space Week

October 4–10

### World Teachers Day

October 5

### Columbus Day & Indigenous Peoples' Day

October 11

### Wear Something Gaudy Day

October 17

### Freedom of Speech Week

October 18–24

### World Origami Days

October 24–November 11

### Cranky Coworkers Day

October 27

### All Hallows' Eve or Halloween

October 31

## Table Cloths and Tunes

This month for Table Cloths and Tunes we had a sea side samples. We started with a crab pasta salad served on a bed of lettuce. Then came the shrimp boiled with corn on the cob, sausage, and red potatoes. For dessert we had homemade strawberry sherbert.



After supper we retired to the Great Room for live music by Larry Robinson.



## Bus Trips

On Fridays we take bus trips. We have been to Magnolia beach, Indianola boat pier, Palacios, Point Comfort, a country drive and a drive around town. We always see something we haven't noticed before. A new business, new houses, the community is growing. One resident told me they lived in Port Lavaca all their life and had never seen that part of town. I think our favorite trip is to Magnolia Beach. We just drive along the beach and look at the waves, the seagulls and the people. It is a peaceful drive. I love the sound of the waves and the smell of the ocean air. Last week we stopped at Dairy Queen for ice cream. I asked the lady for 6 medium cones. Boy were we surprised to see the size of those cones. They were about 8 inches tall not counting the cone. It was a hot day so they were melting fast but they sure were yummy. The picture is after I ate the top off. I look forward to seeing where our future trips take us. I welcome any ideas or recommendations.



## Hats Off

You don't have to be a fan of Lewis Carroll's *Alice's Adventures in Wonderland* to celebrate Mad Hatter Day on October 6. Carroll attempted to illustrate his book himself but soon turned to famed illustrator John Tenniel for help. It was Tenniel who depicted the Mad Hatter character with a card in his hatband reading, "In this size 10/6." Here, the 10/6 refers not to the date October 6, but the hat's price of 10 shillings and six pence. While the interpretation of the hat card may have been mistaken, the hatter's "madness" is a matter of historical fact.

In the mid-19th century, the process of turning fur into felt involved the use of the chemical mercury nitrate, a poison that caused shakes, speech problems, unpredictable behavior, and hallucinations in many hatters. The idiom "mad as a hatter" developed as a result. Of course, one needn't be mad to celebrate this offbeat holiday. Instead, enjoy Lewis Carroll's classic novel of fantasy and nonsense, and perhaps engage in some nonsensical antics yourself.

## Make A Hat Day

September 15, 2021 was National Make A Hat Day. We did not make hats but, we did decorate some.

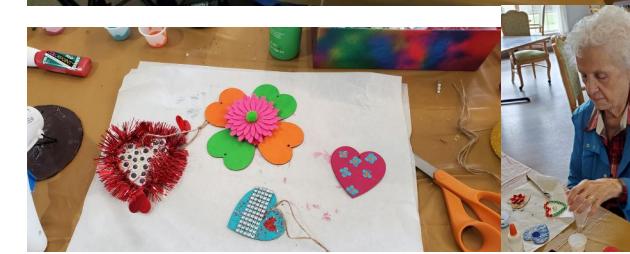


## Arts and Crafts

In September we made some beautiful art. We made driftwood crosses.



We decorated hearts for Assisted Living Week.



We made paper flowers and decorated hats.



## Don't Be Scared

Each October, scarecrows begin to appear in and around the village of Pietrebais in Belgium. In some years, hundreds of scarecrows appear. In others, a scant dozen or fewer. No one knows why or how the tradition began 21 years ago in the year 2000, but it is a tradition that has continued ever since.

In the 1500s, it was common for farmers to hire guards to protect their crops from animal pests and thieves. The guards sometimes slept in the fields in straw huts or stood watch on wooden platforms. But as farms grew, farmers could no longer afford to employ vast numbers of guards. They began instead to use human-like watchers. These first scarecrows were erected in the spring, topped with animal skulls or fashioned out of rotting vegetables, or hung on crosses in the image of Christ's crucifixion. They served one purpose: to scare pests like crows away from valuable crops. It seems that these scarecrows have earned a spooky reputation ever since. But in Belgium, there is no need to fear. The scarecrows are often dressed like happy or silly villagers welcoming visitors to Pietrebais.

## Country Store

The Country Store is up and running again. Feel free to stop by when you see the door open or stop me in the hall when you need something. **Come to activities for points. Redeem your points for FUNNY MONEY.**

**Then use your FUNNY MONEY to buy things from the Country Store.** We have necessities like toilet paper, bath soap, tooth paste and more. We also have a variety of snacks and drinks.

