

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021

Trinity Hills of Knoxville – AL Activities Calendar



Independence Day (US)

1:00pm Chapel - CH 4	5	6	7	BIRTHDAY – RICHARD K. 1 9:30 Deal or No Deal - AR 10:30 Wheel of Fortune-AR 1:45pm Cornhole – AR 3:00pm – Ladderball - AR 6:00pm Chapel – CH Canada Day	2 9:45am Summer Frogs-AR 11:00 Fun Fitness - UGR 1:45 Music w/Smoky Mtn. Variety Show – DR 2:45pm 4 th of July Happy Hr/Trivia - DR 6:30pm Movie – CH	3
4 1:00pm Chapel - CH happy 4th of July Independence Day (US)	9:00 Devotions w/Paula-CH 10:00 Reading w/Paula-CH 3:15pm Movie Matinee-CH	9:45am Table Shuffleboard - UGR 10:45am Sittercise - UGR 1:45pm Bingo - DR 3:15pm Chicken Foot - AR 6:15pm Bible Studies-CH	9:30 Devotions w/AD – CH 10:00am Chair Yoga – CH 10:45am Family Feud – AR 1:00 Bus to Food City - FE 1:45 Throw Away Bingo - AR 3:15 Balloon Volleyball-UGR	9:30 Deal or No Deal - AR 10:30 Opposite Words - AR 1:45 Music & Wellness w/Erica - CH 3:15pm Tenzi - AR 6:00pm Chapel – CH	BIRTHDAY – JERRY D. 9 9:30 Devotions w/Kim - CH 10:15 Fun Fitness - UGR 11:00 Romeo Trip to Bush Beans Museum & Lunch- FE 1:45pm Bingo - DR 2:45 Happy Hr/Trivia - DR 6:30pm Movie – CH	10 2:00pm Independent Board & Card Games-AR
1:00pm Chapel - CH 11	BIRTHDAY – BEANIE L. 12 9:30 Devotions w/Sean-CH 10:15am Fun Fitness – UGR 1:45 Summer Sunbursts-AR 3:15pm Movie Matinee – CH	13 9:45am Table Shuffleboard - UGR 10:45am Sittercise - UGR 1:45pm Bingo - DR 3:15pm Mini Golf Card Game - AR 6:15pm Bible Studies-CH	14 9:30 Devotions w/AD – CH 10:00am Chair Yoga – CH 10:30 Name That Tune-AR 1:00 Bus to Kroger - FE 1:45 Crazy 8's - AR 3:15 Balloon Volleyball-UGR	15 9:30 Deal or No Deal - AR 10:30am Head Clues - AR 1:45 July Birthday Party for All – DR 2:15 Music w/Marshall-DR 3:15pm Bunco - AR 6:00pm Chapel – CH	16 9:30 Devotions w/Roy-CH 10:15 Fun Fitness - UGR 11:00 Juliet Trip – Lunch at Lulu’s Tea Room - FE 1:45pm Bingo - DR 2:45 Happy Hr/Trivia - DR 6:30pm Movie – CH	17 2:00pm Independent Board & Card Games-AR
1:00pm Chapel - CH 18	19 9:30 Devotions w/Sean-CH 10:00 Reading w/Paula - CH 1:00 Bus to Cruze Farm-FE 1:45 UNO - AR 3:15pm Movie Matinee – CH	20 9:45am Table Shuffleboard - UGR 10:45am Sittercise - UGR 1:45pm Bingo - DR 3:15pm Ticket Roll - AR 6:15pm Bible Studies-CH	21 9:30 Devotions w/AD – CH 10:00am Chair Yoga – CH 10:30am Do You Hear What I Hear? - CH 1:00 Bus to Walmart - FE 1:45 Throw Away Bingo - AR 3:15 Balloon Volleyball-UGR	22 9:30 Deal or No Deal - AR 10:30 Name 5 - AR 1:45 Music & Wellness w/Erica - CH 3:15 Summer Olympics Game – AR 6:00pm Chapel – CH	23 9:30 Devotions w/Kim-CH 10:15 Fun Fitness - UGR 1:45 Musical Bingo - DR 2:45 Happy Hr/Trivia - DR 6:30pm Movie – CH	24 2:00pm Independent Board & Card Games-AR
1:00pm Chapel – CH 25	26 9:30 Devotions w/Sean-CH 10:30am Fun Fitness – UGR 11:00 Lunch Around Town at Cheddars - FE 1:45pm Lucky Pennies - AR 3:30pm Movie Matinee – CH	27 9:45am Table Shuffleboard - UGR 10:45am Sittercise - UGR 1:45pm Bingo - DR 3:00pm Resident Council-DR 6:15pm Bible Studies-CH	28 9:30 Devotions w/AD – CH 9:30 Bus to Market Square Farmers Market - FE 10:00am Chair Yoga – CH 10:30am Kerplunk - AR 1:45 Gardening w/UT Gardens - AR 3:15 Balloon Volleyball-UGR	29 9:30 Deal or No Deal - AR 10:30am Plinko - AR 2:00 New Resident Social for All - DR 3:15 Sports Pass it On - AR 6:00pm Chapel – CH	30 9:30 Devotions w/Tommy-CH 10:15 Fun Fitness - UGR 2:00 to 4:00 Summer Ticket Auction - UGR 6:30pm Movie – CH	BIRTHDAY – JOAN C. 31 2:00pm Independent Board & Card Games-AR

Activity Location Codes:
 AR – Activity Room
 CH – Chapel
 DR – Dining Room
 FE – Front Entrance (A)
 GR – Great Room
 UGR – Upstairs Game Room
 UL – Upstairs Library