



TONY JACKSON, LVN
Clinical Services Director

Tony became a nurse in 1982. His long career has been dedicated to serving those in need in the central Texas area. The thing he enjoys most about being a nurse is “helping others be better”. Tony’s interests and hobbies are breaking and training horses, and cooking new meals without the use of a recipe.



NATIONAL NURSES WEEK

Once viewed as lowly doctors’ assistants, nurses are now recognized as highly specialized professionals with a wide range of skills. Today, becoming a nurse requires four years of study and extreme focus and dedication. This versatile career with dozens of specialties is a crucial link between patients and doctors. The advent of modern nursing is credited to Florence Nightingale, who laid the foundation for professional nursing through her tireless work during and after the Crimean War. As a nursing manager on the frontlines, Nightingale introduced hygiene protocols and other measures that drastically reduced infections and deaths in battlefield hospitals. Today, Nurses work in a wide range of specialties and settings, from school nurses who administer vaccines to highly specialized oncology nurses who assist in life-saving treatment decisions. To acknowledge the contributions of nurses and call attention to their working conditions, the International Council of Nurses established May 12 as International Nurses Day in 1974. The celebration was extended to a week a few years later, and National Nurses Week was officially born in 1994.



Tarina	(Staff)	May 6
Mickey	(Resident)	May 10
Haylie	(Staff)	May 11
Erica	(Staff)	May 12
Charlene	(Staff)	May 19
Craig	(Resident)	May 26
David T.	(Resident)	May 28

Bing Crosby (singer) – May 3, 1903
 Toni Tennille (musician) – May 8, 1940
 Salvador Dalí (artist) – May 11, 1904
 Stevie Wonder (musician) – May 13, 1950
 Henry Fonda (actor) – May 16, 1905
 Mr. T (actor) – May 21, 1952
 Sally Ride (astronaut) – May 26, 1951
 Bob Hope (entertainer) – May 29, 1903



Three Forks of Forney Senior Living welcomes our newest community residents.

- BOB D.**
- BETTY C.**
- MARK M.**
- BOB C.**
- ANN W.**
- RON G.**
- RAY C.**
- PHILLIP G.**



THREE FORKS TRIBUNE

Three Forks Senior Living~335 S. F.M.548~Forney, TX. 75243 972-552-3426



Three Forks Team

Emily Whitson
Executive Director

Corie Ford Gonzales
Resident Care Director

Tony Jackson
Clinical Director

Alex Davis
Community Relations Director

Shelby Mathis
Business Office Manager

Bill Lawson
Maintenance Director

Angela Tyler
Life Enrichment Director



Mother’s Day is a holiday honoring motherhood that is observed in different forms throughout the world. In the United States, Mother’s Day 2021 will occur on Sunday, May 9. The American incarnation of Mother’s Day was created by Anna Jarvis in 1908 and became an official U.S. holiday in 1914. Jarvis would later denounce the holiday’s commercialization and spent the latter part of her life trying to remove it from the calendar. While dates and celebrations vary, Mother’s Day traditionally involves presenting moms with flowers, cards and other gifts. Celebrations of mothers and motherhood can be traced back to the ancient Greeks and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele, but the clearest modern precedent for Mother’s Day is the early Christian festival known as “Mothering Sunday.”

The origins of Mother’s Day as celebrated in the United States date back to the 19th century. In the years before the Civil War, Ann Reeves Jarvis of West Virginia helped start “Mothers’ Day Work Clubs” to teach local women how to properly care for their children. These clubs later became a unifying force in a region of the country still divided over the Civil War. In 1868 Jarvis organized “Mothers’ Friendship Day,” at which mothers gathered with former Union and Confederate soldiers to promote reconciliation. Another precursor to Mother’s Day came from the abolitionist and suffragette Julia Ward Howe. In 1870 Howe wrote the “Mother’s Day Proclamation,” a call to action that asked mothers to unite in promoting world peace. In 1873 Howe campaigned for a “Mother’s Peace Day” to be celebrated every June 2.



Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2021 will occur on Monday, May 31.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades.

The Civil War, which ended in the spring of 1865, claimed more lives than any conflict in U.S. history and required the establishment of the country's first national cemeteries.

By the late 1860s, Americans in various towns and cities had begun holding springtime tributes to these countless fallen soldiers, decorating their graves with flowers and reciting prayers. Each year on Memorial Day a national moment of remembrance takes place at 3:00 p.m. local time. It is unclear where exactly this tradition originated; numerous different communities may have independently initiated the memorial gatherings. And some records show that one of the earliest Memorial Day commemoration was organized by a group of freed slaves in Charleston, South Carolina less than a month after the Confederacy surrendered in 1865. Nevertheless, in 1966 the federal government declared Waterloo, New York, the official birthplace of Memorial Day.



EMPLOYEE OF THE MONTH BARBARA HAUATA OLSON



Congratulations Barbara Olson for being employee of the month for May. Barbara has been at Three Forks from its inception working as a resident assistant and currently as housekeeper in assisted living. Barbara was born in Honolulu and currently resides in Terrell. She is mother to 6 children and 6 grandchildren. She has two dogs, one cat, 2 mini-horses and chickens. Her hobbies include training horses, painting and her many pets. Her favorite things about working at Three Forks is the residents. She says that no matter their condition, they are all angels to her. She has a servant's heart, so the work here is very satisfying. Barbara hopes to return to Hawaii when she retires. Way to go Barbara~

Three Forks Bus Outings

Make plans to join us for some relaxing scenic trips. We explore various sites in Forney as well as nearby towns. Outings for Memory Care residents are on Tuesday and Wednesday and Thursday and Friday for Assisted Living residents. Trips usually depart around 10:15 and return before lunch time.



COFFEE AND CROCHET

Grab a cup of coffee and join us every other Monday beginning May 3 at 10:00 in the dining room. Angie Hall does a great job at teaching crochet to both beginners and those who have put down their crochet hooks for a long while.



Margie and Angie learning a new technique

facebook

Take time this month to check out our Facebook page at **Three Forks Senior Living of Forney**. Facebook is a way for family and friends to keep in touch with you by way of photos and community events.

During the first week of May there will be three events in which we will be taking photos in front of a large backdrop using fun props.

May 4th ~ May the 4th Be With You
May 5th ~ Cinco De Mayo
May 7th ~ Mother's Day



There is much to celebrate in the month of May and many national days that are highlighted on your monthly calendar. Join us on every Wednesday and Saturday for bingo. Pat has volunteered to be the cashier.

Now that we have the needed players for 42, it will be held after lunch every day except when the beauty shop is open which is usually on Thursday from 10:00 until Dorinda finishes everyone's hair.