



Notable Quotable

“Once you replace negative thoughts with positive ones, you'll start having positive results.”

~ Willie Nelson, Country Musician



Shelli Seamons, Activity Director

April Horoscopes and Birthdays

In astrology, those born from April 1–19 are Rams of Aries, the first sign of the zodiac. Rams are unafraid to forge ahead with passion, zeal, and confidence. Full of optimism, they are unafraid to confront problems head-on. Those born from April 20–30 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work. Their steadfast natures make them determined and reliable.

Sprung *cont. from pg. 1*

Starting April 1st, when new residents move in, we would like to pair them with a **Resident Ambassador** that will welcome them when they arrive, invite them to activities/meals, etc. If you are interested in becoming a resident ambassador, please see Lynsey. **Resident Referral Program:** refer a friend to move in and after 90 days you'll receive a \$1,000 credit on your bill. **Pen Pal Program** -- Students at one of our local schools would like

- Lois U. – April 1st
- Gordon K. – April 1st
- Jackie Chan – April 7, 1954
- Beverly Cleary – April 12, 1916
- Al Green – April 13, 1946
- Christine D. – April 15th
- Sally D. – April 16th
- Eliot Ness – April 19, 1903
- Barbra Streisand – April 24, 1942
- Ludwig S. - April 25th
- Ella Fitzgerald – April 25, 1917
- Willie Nelson – April 29, 1933
- Lawrence P. – April 30th

to partner with Trinity Hills residents and become pen pals. The thought is that this will help the children with reading/writing, etc. If any of our residents would like to participate, please see Lynsey. I look forward to replanting many flowers and plants at our entrances in the coming weeks and I'm happy to have had fresh mulch recently delivered to refresh our grounds. So much can happen in a year!

Welcome to the Team, Shelli!

We are excited to announce a new addition to our Trinity Hills team of employees! Shelli Seamons, originally from California, will be joining our community as our new Activities Director in early April. Originally from California, Shelli and her husband have lived in Knoxville for the past several years. Shelli brings years of experience in coordinating resident activities and has worked in another Knoxville assisted living community for the past three years. Anthony Bennett will

continue in his role of Activities Assistant/Transportation as we hope to resume limited resident transportation at some point in April. I would like to commend the excellent job Anthony has done over the past few months running our Activities program. I am confident that he and Shelli will work well together, will increase the variety of Activities, and will enable us to resume community outings and other new projects. We're excited for Shelli to get started and come by the Activity Room to say "hello" and have fun!

Trinity Hills Times

April 2021

Trinity Hills
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Knoxville, TN 37914
Phone: 865-329-3292
Executive Director: Marshall McCauley

Celebrating April

Jazz Appreciation Month

Habitat Awareness Month

April Fools' Day April 1

Easter April 4

Draw a Bird Day April 8

Ramadan Begins April 12

Scrabble Day April 13

World Amateur Radio Day April 18

Kiss of Hope Day April 24

International Dance Day April 29

Spring Has Sprung at Trinity Hills!

What a difference a year makes!

Last April we had ended communal dining and restricted visitation in order to protect our community from the COVID virus. There were many sacrifices our residents and employees made to be as safe as possible and though there were some challenging circumstances along the way, I was impressed by the resilience of all.

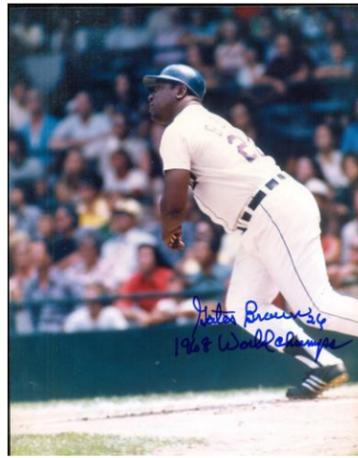
The arrival of spring to me marks the start of a new chapter. Each year I look forward to spring's milder weather, the blossoms and blooms that fill the air with their sweet fragrance, the smell of

fresh-cut grass, longer days, and the promise of new things to come. At our community, there is good reason for great optimism and excitement this spring. Our residents have been vaccinated, we have resumed communal dining, and have re-opened to limited visitation. Note that all visitors are required to wear a mask when visiting and we are asking visitation to take place outdoors (on porches) or in resident rooms.

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Hot Dog Days of Summer?



A member of the 1968 World Series Champion Detroit Tigers, Gates Brown was considered one of the most clutch pinch hitters of his day.



Baseball has an amazing history of players eating during ballgames. With all the appetizing aromas from the concourse wafting through the stadium, even finely tuned athletes that subsist on nothing but chicken and leafy greens occasionally give in.

However, former Tigers outfielder and pinch-hitter Gates Brown lays claim to the greatest moment of in-game gluttony. Not in the starting lineup for a game in 1968, Brown decided to grab a couple of hot dogs. After returning to the bench with two frankfurters loaded with mustard, manager Mayo Smith (quite a name in a story about food) ordered Brown to hit.

Since he didn't want Smith to see him eating, Brown did the only logical thing: He stuffed the dogs inside his shirt. As Brown told the Sporting News in 1994, "I always wanted to get a hit

every time I went to the plate. But this was one time I didn't want to get a hit."

Luck wasn't on the pinch-hitter's side this day. After lacing the ball to the gap, Brown raced around first and was on his way to second and, sure enough, had to slide face-first, getting mustard and "squashed meat" all over himself.

"The fielders took one look at me, turned their backs and darn near busted a gut laughing at me," Brown recalled. "My teammates in the dugout went crazy." Brown was then fined \$100 and when Smith asked him what he was doing, the hitter came clean: "I said, 'I was hungry. Besides, where else can you eat a hot dog and have the best seat in the house?'"



Snack Cake Super Stardom



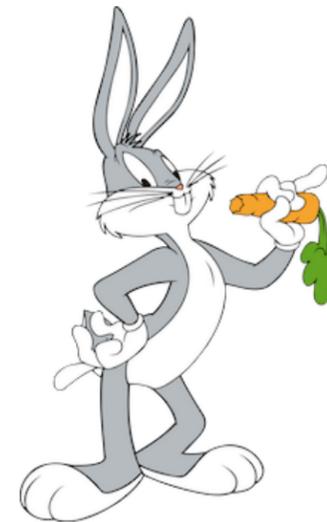
Twinkies were originally filled by workers pedaling a mechanical filler with their feet.

James Dewar started working at Illinois' Continental Baking Company in the 1920s as a delivery boy. By 1930, he had risen to plant manager, and on April 6 of that year, he created the most famous snack cake the world has ever known, the Twinkie. Before the cakes were called Twinkies, they were Little Shortcake Fingers, pre-packaged strawberry-filled

shortcakes available only during the short strawberry-harvest season. The idle factory equipment drove Dewar to invent a new, still nameless, yellow sponge cake filled with banana crème. While on his way to a marketing meeting, Dewar passed a billboard advertising Twinkle Toe Shoes. He had found the Twinkies name, and the rest is history.

What's Up, Doc?

On April 30, 1938, Warner Bros. released a new Looney Tunes cartoon featuring Porky Pig as a hapless hunter trying to unsuccessfully bag a humorously hyperactive rabbit named Happy. How could audiences know that this rabbit would evolve into Bugs Bunny, one of the most recognizable cartoon characters of all time?



Bugs Bunny's original voice was later used to voice Woody Woodpecker.

The rabbit in *Porky's Hare Hunt* bore little resemblance to the Bugs Bunny we all know and love today. This white rabbit wore no gloves, lacked Bugs' recognizable voice, and did not eat a single carrot! It would be two years before Bugs made his official debut in *A Wild Hare*. When a redesigned rabbit was requested for the short, animator Bob Givens went to work and sketched a rabbit based on a design by Ben "Bugs" Hardaway that was labeled "Bugs's Bunny." The name stuck. When audiences got their first glimpse at the new and improved rabbit, the character stuck, too.

The Bugs Bunny featured in *A Wild Hare* displayed many of the trademarks we have come to love. When staring down the barrel of Elmer Fudd's shotgun, Bugs first uttered his catchphrase "What's up, Doc?" The phrase was added by the cartoon's director, Tex Avery, who had heard the expression a thousand times in his native Texas. Avery was more surprised than anybody when it left audiences rolling with laughter. As for Bugs' obsession with munching carrots, this was a habit "borrowed" from Clark Gable's character in the 1934 movie *It Happened One Night*. In one scene, Gable stands by a fence spouting advice to Claudette Colbert while chewing a carrot and talking with his mouth full. The scene was so famous at the time that audiences immediately got Bugs' imitation, and it earned the bunny instant panache. His popularity would endure for over 70 years, and he remains Warner Bros.' most recognizable mascot.